



# Free Adolescent Support Group

Depression and Bipolar Support Alliance Greater Houston provides FREE support groups for individuals living with or affected by depression and bipolar disorder.

Are you experiencing:

**FRUSTRATION**

**Agitation**

**Anxiety**

**ANGER**

**Loss of interest**

**Hopelessness**

In collaboration with DePelchin Children's Center, the Depression and Bipolar Support Alliance Greater Houston is providing an adolescent support group for members of the Greater Houston community.

- Where:** Central Houston, inside loop 610
- When:** Thursdays, 7:00-8:30pm
- Who:** Adolescents age 13-17 experiencing the symptoms of Depression or Bipolar Disorder

Interested families may apply for the group by calling **713-600-1131** or emailing **dbsahouston@dbsahouston.org**

Adolescents must be pre-approved to attend this group. Adults are still welcome to attend any open group listed on our website.

**Offering Free Support to Houston**