



Private Organization: Letter of Interest

Mission:

re:MIND provides free and confidential support groups for individuals living with, or family and friends affected by, depression and bipolar disorders.

Requirements:

In order to reach individuals with depression and bipolar disorder, re:MIND collaborates with organizations and communities in the surrounding area. To have a re:MIND support group at your location, an interest list of 15-20 individuals is required. The interested location must be able to provide a confidential space, with chairs, for 2 hours (this covers a 90 minute group with set up and close down time). This will include 5 minute before and after group set up/close down and time for a 90 minute support group. Participation in re:MIND support groups is voluntary. Once a group is open, it should have at least 5-8 participants present at each group meeting.

If requirements are met, re:MIND will provide a professionally trained, managed and monitored facilitator to lead a weekly support group. Both entities agree to market/advertise the group. Thanks to our generous donors we provide our weekly support groups, valued at more than \$20,000 per year, to communities who are ready to talk about mental health at no cost.

How to Apply:

If you are interested in having a re:MIND support group at a private organization or location, please submit a letter of interest by email: info@remindsupport.org or fax: 713-600-1137. Please include name of location and address and a contact person's name, email address and phone number. No phone calls please.

All letters of interest can be sent throughout the year. Following receipt of letter of interest, re:MIND Program Staff will follow up within 7-10 business days for a possible meeting on site location.