

**MENTAL
HEALTH
IS
A
BASIC
NEED**

Dear Friends,

Depression and Bipolar Support Alliance (DBSA) Greater Houston grew substantially last year, providing life-saving, free, and confidential peer-to-peer support groups — facilitated and supervised by licensed mental health professionals — to more people than ever before. By expanding its reach and impact, particularly with the remarkable growth in middle and high schools, DBSA made significant progress in breaking down the stigma of mental illness and in offering a hopeful path that leads toward mental wellness.

DBSA's outlook is more promising than ever because generous and loyal donors like you keep DBSA's support groups free and accessible for people who need them. Your financial support sustains DBSA's growth and provides hope and healing to thousands of people living with and affected by depression and bipolar disorders.

We recognize mental health as a basic need like food, water, clothing, and shelter. Without mental health our ability to live gratifying, full, and productive lives is severely jeopardized. We hope you will continue to support the basic need of mental health by giving through DBSA to help the many people in our community afflicted with mental disorders.

With gratitude,



John J. H.

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Mission Moments

“This group is wonderful. **Good** people. I feel **safe** and it has given me immense **hope** and **helpfulness** in life.”

“Coming to DBSA has **saved** my life!”

“I **love** DBSA! Eleven years and counting.”

“DBSA has been a **lifesaver** and a place of **safety** and **love**.”

“I really feel **supported** by my group. I look **forward** to it every week.”

“For the two years I have been attending, DBSA has been a **tremendous benefit**.”

— DBSA support group participants

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2016 *Help...Hope...Healing Luncheon*

Depression and Bipolar Support Alliance Greater Houston hosted its milestone fifth annual *Help...Hope...Healing Luncheon* on September 27, 2016. As a community-wide special event, the luncheon increases awareness of depression and bipolar disorders, engages people in an open conversation about mental health, and raises necessary operating funds for DBSA's life-saving support groups.



*Reagan Fibbe, Ashley Hanna, Tim Gunn,
Carol Ann Paddock, Bob Paddock*

DBSA was pleased to honor **Carol Ann and Bob Paddock** with the *Gary Levering Mental Health Impact Award*. This award is named for DBSA founder Gary Levering whose vision brought community awareness to depression and bipolar disorders. The award recognizes the significant impact the recipients are making in the mental health community of Greater Houston. Carol Ann and Bob have forged a path focused on helping people with mental health, education, and family. They are devoted parents, grandparents, friends, philanthropists, and advocates for meaningful and important causes. The legacy of Carol Ann and Bob is one that has demonstrated a truly selfless commitment to improving the Greater Houston community.

Featured guest speaker, Tim Gunn shared personal experiences that reflected his compassion, humor, and honesty especially when working toward mental wellness. Tim was uniquely genuine and truly endeared the luncheon audience.

Under the gracious and creative leadership of luncheon co-chairs **Reagan and George Fibbe** and **Ashley and Michael Hanna**, DBSA raised more than \$358,785.

DBSA is very grateful for the generous support of the 2016 Help...Hope...Healing Luncheon Underwriters:

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Special Event	\$358,785
Contributions	
Corporate	\$104,100
Foundations	\$566,840
Individual	\$142,870
Friends of Drew Webb	\$32,080
Subtotal Contributions	\$845,890
Investments Revenue	\$884
In-Kind Gifts	\$322,835 ¹
TOTAL SOURCE OF FUNDS	\$1,528,394

Use of Funds

Personnel Staff	\$653,739
Program Facilitators	\$232,658
Contract Services	\$74,447
Additions to/(Subtractions from)	
Reserves	(\$65,106)
Rent and Facilities	\$91,980
Marketing, Printing and Postage	\$361,520 ¹
Insurance	\$7,177
Office Expenses	\$64,188
Volunteer Support	\$3,957
Education and Training	\$3,056
Fundraising	\$8,209
Special Event	\$92,571
TOTAL USE OF FUNDS	\$1,528,394

¹ Includes In-Kind grant from Google, Inc.



Audited financials available
on the DBSA Greater Houston website at
www.dbsahouston.org

EXCITING NEWS!

We are announcing our new
name on September 26, 2017!

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 Martha Hanson, Ph.D.
 Franna Litton
 Ed McCullough
 Robert W. Paddock
 Will Penland
 Jan Redford, Ph.D.
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FOUNDER

Gary Levering (1939-2014)

PRESIDENT AND CEO

Mary Collins



P.O. Box 27607 • Houston, Texas 77227 • 713.600.1131
www.dbsahouston.org

